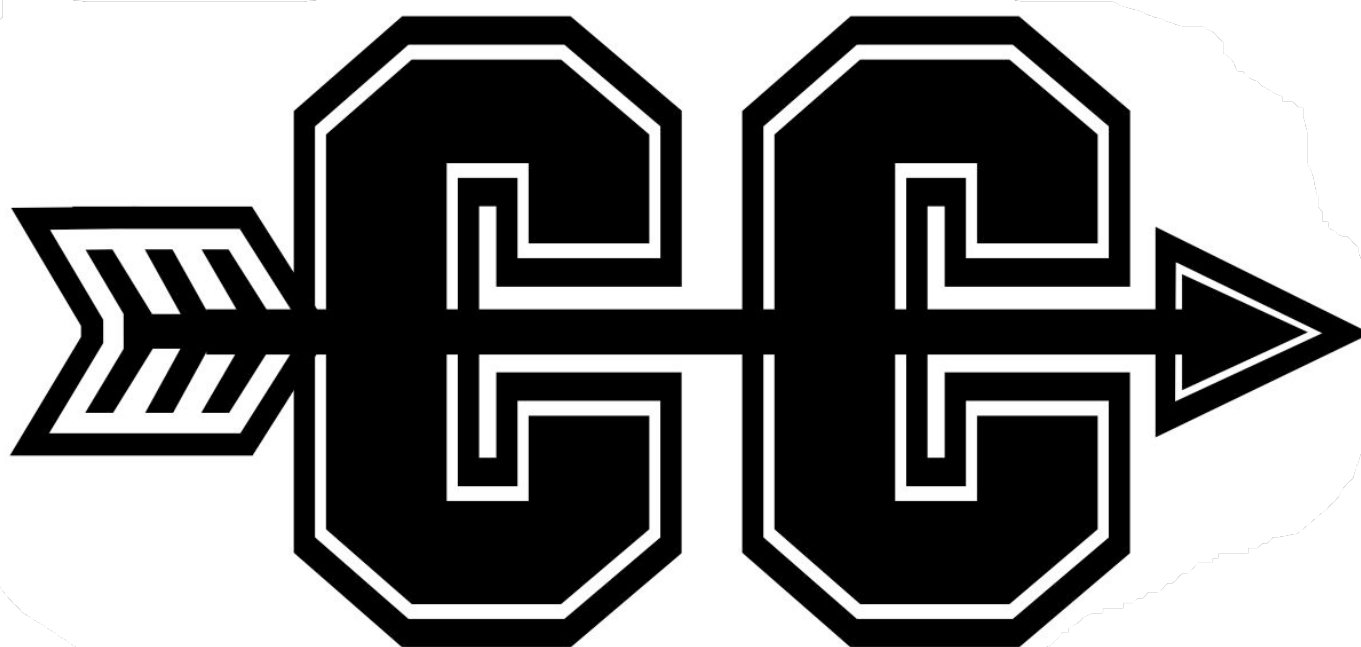


Lancaster-Lebanon League  
Cross Country Coaches Association

# 2020 CELEBRATION



November 8, 2020  
Comet Field  
Millersville, PA

# PROGRAM

Welcome ..... Mari Cunningham, Mike Craighead co - Presidents

## Officers

..... Mari Cunningham, President  
..... Mike Craighead, President  
..... Traci Tempone, Secretary  
..... Tom Ecker, Treasurer

## — Awards —

Post Season recognition ..... Mari Cunningham/ Mike Craighead  
Courageous Runner Award ..... Alyssa Fedorshak (Ephrata)  
Section 1 Second team girls all stars ..... Mickey Molchaney  
Section 2 Second team girls all stars ..... Tom Simpson  
Section 1 girls all stars ..... Matt Bomberger  
Section 2 girls all stars ..... Ryan Kennedy  
Section 1 Second team boys all stars ..... Derek Jennings  
Section 2 Second team boys all stars ..... Traci Tempone  
Section 1 boys all stars ..... Kevin Stover  
Section 2 boys all stars ..... Phil Koser

Girl's Runner of the Year ..... Alyssa Fedorshak (Ephrata)  
Boy's Runner of the Year ..... Graham Thomas (Penn Manor)

Girl's Section 1 Coach of the Year ..... Matt Bomberger (Warwick)  
Girl's Section 2 Coach of the Year ..... Phil Koser (Donegal)  
Boy's Section 1 Coach of the Year ..... Curt Rogers (Hempfield)  
Boy's Section 2 Coach of the Year ..... Mari Cunningham (LS)

Girl's Section 1 Brandon Mengel Sportsmanship Award ..... Ephrata  
Girl's Section 2 Brandon Mengel Sportsmanship Award ..... Lancaster Catholic  
Boy's Section 1 Brandon Mengel Sportsmanship Award ..... JP McCaskey  
Boy's Section 2 Brandon Mengel Sportsmanship Award ..... Garden Spot

Closing Remarks ..... Mari Cunningham, Mike Craighead co - Presidents

## SECTION 1 FIRST TEAM ALL STARS

Madeline Quinn	Elizabethtown	Graham Thomas	Penn Manor
Arielle Breuninger	JP McCaskey	Stephen Schousen	JP McCaskey
Ella Wolfe	Hempfield	Aiden Hodge	Hempfield
Ava Shirk	Man . Township	Tyler Stevens	Man. Township
Ella Hartel	Warwick	Isaac Showers	Lebanon
Alyssa Fedorshak	Ephrata	Ryan Wolfe	Cedar Crest
Gwyneth Young	Cedar Crest	Tommy Bildheiser	Cedar Crest
Anna Martin	Warwick	Evan Eshleman	Hempfield
		Ben Blough	JP McCaskey
		Luke Hinegardner	Cedar Crest

## SECTION 1 SECOND TEAM ALL STARS

Gabrielle Thiry	JP McCaskey	Dale Winand	Hempfield
Grace Rudder	Warwick	Joe Fahrney	Hempfield
Milana Breuninger	JP McCaskey	Jake Perhonitch	Cedar Crest
Sarah Russo	Manheim Township	Lou Lindsley	Penn Manor
Madison Kimmel	Ephrata	Alex Miller	JP McCaskey
Lilly Soulliard	Solanco	Ben McElroy	Cedar Crest
Jenny Weiss	Manheim Township		
Jordan Dirisio	Elizabethtown		

## SECTION 2 FIRST TEAM ALL STARS

Braetan Peters	Annville-Cleona	Jack Tshudy	Annville-Cleona
Myra Naqvi	Donegal	Brock Overlander	Donegal
Amanda Fry	Donegal	Parker Stoner	Lamp -Strasburg
Julie Lindberg	Man. Central	Daniel Myers	Lanc. Catholic
Cassandra Clemson	Annville-Cleona	Adrian Elia	Lamp -Strasburg
Hadley Shoaf	Donegal	Hunter Gehman	Donegal
Isabel Zwally	ELCO	Luka Vranich	Lamp -Strasburg
Aubrey Magagna	Lampeter-Strasburg	Lucas Thaler	Octorara
Jessica Ferrera	Octorara		

## SECTION 2 SECOND TEAM ALL STARS

Ellie Bomberger	Lancaster Catholic	Nathan Eberly	Lampeter-Strasburg
Alyssa Marlowe	Northern Lebanon	Zane Kauffman	Garden Spot
Savannah Semple	Manheim Central	Mason Moore	Lancaster Catholic
Kendall Finicle	Donegal	Sam Rothstein	Donegal
Ella Sheaffer	Lancaster Catholic	Brady Knier	Manheim Central
Nina Milosevic	ELCO	Logan Fry	Donegal
Cloe Martin	Garden Spot	Tyler Meyer	Northern Lebanon
		Nathan Sanchez	ELCO
		Alex McFalls	Garden Spot

## LANCASTER LEBANON LEAGUE MEET TOP 25

Place	Name	School	Grade	Place	Name	School	Grade
1	Alyssa Fedorshak	Ephrata	12	1	Graham Thomas	Penn Manor	12
2	Anna Martin	Warwick	12	2	Aidan Hodge	Hempfield	10
3	Ava Shirk	Manheim Township	9	3	Steven Schousen	J. P. McCaskey	12
4	Gwyneth Young	Cedar Crest	12	4	Tyler Stevens	Man Township	11
5	Arielle Breuning	J. P. McCaskey	12	5	Ryan Wolfe	Cedar Crest	11
6	Ella Hartel	Warwick	9	6	Dale Winand	Hempfield	11
7	Ella Wolfe	Hempfield	9	7	Evan Eshleman	Hempfield	12
8	Isabella Shertzer	J.P. McCaskey	9	8	Luke Hinegardner	Cedar Crest	11
9	Milana Breuning	J.P. McCaskey	10	9	Joseph Fahrney	Hempfield	10
10	Madeline Quinn	Elizabethtown	12	10	Tommy Bildheiser	Cedar Crest	12
11	Gabrielle Thiry	J.P. McCaskey	9	11	Ben Blough	J. P. McCaskey	10
12	Sarah Russo	Manheim Township	11	12	Alex Miller	J. P. McCaskey	12
13	Grace Rudder	Warwick	10	13	Colin Whitaker	Lamp. Strasburg	9
14	Abby Ames	Penn Manor	10	14	Jake Perhonitch	Cedar Crest	9
15	Hannah Kilheffer	Hempfield	9	15	Lachlan McClane	J. P. McCaskey	11
16	Sidoney Freeman	Warwick	9	16	Jack Tschudy	Annvile Cleona	12
17	Lily Williams	Hempfield	12	17	Anthony Solis	Solanco	10
18	Molly Siebert	Hempfield	9	18	Trenton Brubaker	ELCO	12
19	Sierra Kapcsos	Elizabethtown	11	19	Parker Stoner	Lamp. Strasburg	10
20	Myra Naqvi	Donegal	12	20	Sam Freedman	Hempfield	9
21	Marina Papadimitri	Manheim Township	9	21	Lou Lindsley	Penn Manor	12
22	Jenny Weiss	Manheim Township	11	22	Hunter Gehman	Donegal	11
23	Lilly Soulliard	Solanco	9	23	Adrian Elia	Lamp. Strasburg	11
24	Braetan Peters	Annvile Cleona	11	24	Ben McElroy	Cedar Crest	12
25	Alexa Wenger	Warwick	11	25	JH Mertz	Warwick	11

# SCHOLAR ATHLETES

<b>Annville- Cleona</b>		Benjamin Fortuna Vincent Krall Azriel Merjudio	Noah Safford Alex White
<b>Cedar Crest</b>	Brenna Chernich Avery Atkins Gwyneth Young	Mohamed Abd Elalim Zachary Bare Dakota Bender	Isaac Traina Miles Weber
<b>Columbia</b>	Cassidy Cook	Tanner Ness	
<b>Conestoga Valley</b>	Emily Castronova Kate Kmiecjak	Adam Harris Jesse Kanagy Ethan Logue	
<b>Donegal</b>	Rachel Fernald Amanda Fry Myra Naqvi	Logan Fry Brock Overlander	
<b>Elizabethtown</b>	Lydia Heisey Hannah Kline Maggie McCoy Madeline Quinn	Nate Barnhart Andrew Donahue Garrick English	
<b>Ephrata</b>	Alyssa Fedorshak	Thomas Petrecca Devon Robertson	Nathan Kimmel
<b>Garden Spot</b>	Cloe Martin	Dakota Cox	
<b>Hempfield</b>	Julia Den Bleyker Gabriella Hollinger Brynn Ramsey Isabel Smith Abbie Wiker	Lilly Heilshorn Grace Stringer Lily Williams	Evan Eshleman David Jackson Owen Jackson Steven Sauer
<b>J. P. McCaskey</b>	Arielle Breuninger Corinne deSyon Aimee Farnet	Alex Miller	
<b>Lampeter-Strasburg</b>	Megan Stratton Jasmine Thompson Emma Drouillard	Isaiah Lamison Alex Landis	Ethan Ford Ryan Vidal
<b>Lancaster Catholic</b>	Ellie Bomberger Erin Haldeman Hannah Postlethwaite	Daniel Myers Patrick Hyrb Brendan McNamara	Gabe Knafelc Miles Durrett
<b>Lancaster Mennonite</b>	Jillian Hargraves		
<b>Lebanon</b>		Owen Sheetz Owen Showers	
<b>Manheim Central</b>	Emma Levitan	Brady Knier	
<b>Manheim Township</b>	Katie Burrey Aurelia Huss Macy Mosner Nikolka Majernikova	Molly Dieterle Chloe Kline Taylor Orr	Tiernan Barber Andrew Gibble Michael Basile Christian Kerr
<b>Northern Lebanon</b>	Halie Mullins	Joseph Beidler Matthew Getz	
<b>Penn Manor</b>	Arden Morgan Lauren Zink	Andrew Glenn Graham Thomas	Lou Lindsley Curtis Rabatin
<b>Solanco</b>		Sean Keller	
<b>Warwick</b>	Rachel Bonner Alyssa Eberly Elizabeth Gregory Chloe Nightingale Mackenzie Rohrer	Anna Martin Anna White Montana Heil	Jonathan Martin